

#### **BACHELOR OF ARTS THERAPY**

To be read in conjunction with **Recognition of Learning** and **Credit Policy.** 

#### WHAT IS RPL?

Recognition of Prior Learning (RPL) is a process whereby previous study, knowledge, and skills you already have may be recognised. RPL provides for the granting of credit towards qualifications. RPL takes into consideration a combination of your formal and informal learning, employment, community involvement, and life experience.

#### **WHAT IS CREDIT?**

Credit is a process whereby recognition is granted for successful completion of equivalent study in a specified area of study. Credit is awarded based on formal study from a higher education provider or a registered training organisation (RTO).

#### WHY APPLY FOR RPL AND CREDIT?

To reduce your study load and to avoid repeating learning in areas where you already have the knowledge or skills.

When applying for RPL and Credit:

- Evidence supporting your application must demonstrate a minimum of 80% coverage of the equivalent Ikon subject content for each subject which RPL or credit is being applied for.
- Ikon will not grant RPL or credit for any subjects if the equivalent subject has been awarded as Advanced Standing or credit by another provider.
- Applications for RPL or credit must be submitted 4 weeks PRIOR to the commencement of the relevant subject.

#### WHAT ARE THE FEES?

Please view our Schedule of Fees on the website. https://ikon.edu.au/fees/

#### WHAT TYPE OF EVIDENCE IS REQUIRED?

- A certified copy of your academic transcripts, qualification or testamur from a higher education provider or a registered training organisation (RTO) that was completed within 10 years
- A certified copy of your certificate from professional body, enterprise or other similar body that was completed within 10 years
- Current Resume or CV (including up to two current referees with contact details for your professional experience)
  - Copies of your subject outlines detailing learning outcomes, weekly structure, topic list, assessment details.
  - Copies of completed and marked assessments in the field of early childhood education.

 Digital evidence of engagement in teaching, delivering learning opportunities to children, engaging with families or the community.

#### WHO CAN CERTIFY MY DOCUMENTS?

Ikon will accept photocopies certified by anyone who is currently employed as a:

- Justice of the Peace
- CA or CPA accountant
- bank or credit union manager
- barrister, solicitor or attorney
- currently licensed or registered under a law medical or allied health practitioner
- police officer with the rank of sergeant and above
- postal manager
- pharmacist
- principal of an Australian secondary college, high school or primary school
- teacher employed on a full-time basis at a school or tertiary education institution.

Or anyone listed within the Commonwealth of Australia statutory declarations Act 1959.

#### WHAT ARE THE OUTCOMES OF RPL?

If you are granted RPL for a particular subject, you do not need to complete the subject and Advanced Standing is recorded on your record.

If you are declined RPL for a particular subject any fees used within the process may be put towards the full subject cost when enrolling in the subjects.

#### WHAT IS THE RPL PROCESS?

- Complete this RPL application form, including the learning outcomes table.
- Submit this document along with your supporting evidence to <u>admissions@ikon.edu.au</u>
- 3. Make payment for your application.
- 4. Ikon will assess your application within 4 weeks of submission.
- 5. You may be required to discuss your application via a phone call or face to face.
- 6. You will receive notification of your application outcome by email.

Note: Your application for RPL will not be assessed until the completed application, signed declaration, required evidence has been provided



#### BACHELOR OF ARTS THERAPY

Contact Details: Mobile: **Student Name:** 

#### **APPLYING FOR CREDIT**

For each subject, identify the type of RPL or credit you are applying for and the evidence you have submitted for consideration.

If you are applying for credit from another Higher Education Provider, you will need to submit as a minimum your transcript and the subject outline as evidence.

#### **APPLYING FOR RPL**

If you are applying for RPL, you will need to submit enough evidence that demonstrates a minimum of 80% coverage of the equivalent Ikon subject content.

For each subject that you are applying for, you are required to detail in a short statement your knowledge, experience, and skills in the subject area as well as list the evidence that meets the subject outcomes. For each piece of evidence, you must list the following for each subject:

• Testamur - List qualification number and name

• Resume or CV - list relevant experience

- Certificate List certificate title
- Subject Outline List equivalent subject/unit number/s

- Transcript List equivalent subject/unit number/s
- Assessments List assessment/s title Engagement/Delivery List engagement/delivery title

# **CORE SUBJECTS:**

PSYC101 Foundation	ons in Arts Psychotherapy	□ RPL □ Credit			
In this subject, you will explore your subjective lived experience as the basis for the development of your personal arts psychotherapeutic approach. You will develop your capacity to be aware of your own experience of being in the world. The learning will be experiential and focused on your ability to notice your lived experience in the present moment and articulate this through rich description using a range of modalities.					
	Statement:				
STUDENT EVIDENCE (Student to complete)	☐ Testamur:	☐ Assessments:	□ Engagement:		
	☐ Transcript:	☐ Certificate:	□ Delivery:		
	☐ Subject Outline:	☐ Resume or CV (em	ployment experience)		



SOSC101 Foundations	of Scholarly Practice		redit	
This subject explores with students the foundations of scholarly practice in higher education and its role in supporting a humanistic liberal arts education. Students will develop an understanding of how scholarly practice contributes to the development and organization of self and mind. The subject introduces, places into context, and develops skills in listening and speaking; reading and writing; reasoning, argumentation, and communication; the schematics of thought; reflective and reflexive thinking; metacognition and the development of self; communication and community; and the scientific method; and explanation of international and Australian trends to enable successful engagement in scholarly practice as a higher education student.				
	Statement:		-	
STUDENT EVIDENCE	☐ Testamur:		☐ Assessments:	☐ Engagement:
(Student to complete)	☐ Transcript:		☐ Certificate:	☐ Delivery:
	☐ Subject Outline:		☐ Resume or CV (employment experience)	
ARTS101 Qualities of	Art Making and Media	□ RPL □ Cı	redit	
his subject extends the focus on subjective lived experience, covered in PSYC101 Foundations of Arts Psychotherapy, to encompass an exploration of the lived experience of 'being with' art, art-making and art media. Within this subject, you will be introduced to the history of art in healing and will undertake research into tribal, religious, and secular traditions. Through interactive lectures and experiential learning, you will explore questions such as: What is art? What are art materials/media? What happens during the art-making process?				
	Statement:			
STUDENT EVIDENCE	☐ Testamur:		☐ Assessments:	☐ Engagement:
(Student to complete)	☐ Transcript:		☐ Certificate:	□ Delivery:
	☐ Subject Outline:		☐ Resume or CV (employment experience)	
ARTS102 Dimensional	Modalities in Arts Therap	y 🗆 RPL	☐ Credit	
In this subject, students will acquire and develop a range of specific 2D and 3D visual art skills. They will come to understand art materials as a therapeutic modality and practice in assessing the inherent qualities of the media. Students will practice self-reflection when being with another person in the art-making process. They will come to understand the power of witnessing, holding space, and withholding comments and judgement while developing metacognition in the witnessing process. Students will gain a comprehensive understanding of the qualities that art materials possess and learn to work with appropriate art materials in particular contexts. Students will learn relevant underpinning materials theory and explore how intersubjectivity relates to client experiences of materials in arts psychotherapy.				
	Statement:			
STUDENT EVIDENCE	☐ Testamur:		☐ Assessments:	☐ Engagement:
(Student to complete)	☐ Transcript:		☐ Certificate:	☐ Delivery:
	☐ Subject Outline:		☐ Resume or CV (employment experience)	



ARTS103 Expressive M	odalities in Arts Therapy	□ RPL	□ Credit	
In this subject, students will be introduced to working with various expressive modalities including play, drama, movement, music, voice, storytelling, and sand-play. Students are encouraged to consider their experiences engaging with expressive modalities and conceptualise how they may be used to explore and achieve therapeutic goals. Students will learn relevant underpinning materials theory and explore how intersubjectivity relates to client experiences of materials in arts psychotherapy.				
	Statement:			
STUDENT EVIDENCE	☐ Testamur:		☐ Assessments:	□ Engagement:
(Student to complete)	☐ Transcript:		☐ Certificate:	☐ Delivery:
	☐ Subject Outline:		☐ Resume or CV (employment experience)	
ARTS104 Arts Therapy	- Inter-modal Approach	RPL 🗆	Credit	
This subject will introduce students to the application of an inter-modal approach to Arts Psychotherapy, including the advantages and challenges of this approach. Inter-modal arts Psychotherapy is the practice of using imagery, storytelling, dance, music, drama, poetry, movement, horticulture/nature, dreamwork, and visual arts together, in an integrated way, to foster human growth, development, and healing. Building on their knowledge of the multi-sensory body, students will learn to attune to their senses of touch, sight, taste, smell, and hearing as the foundation of an inter-modal approach in which the therapist and client move freely between different modalities. Students will be introduced to the application of a range of creative arts in an improvisational way in the form of a self-inquiry. Additionally, students will learn to apply a range of creative arts therapy techniques and processes including horizontalisation, amplification, reduction, and providing creative responses within this inter-modal approach.				
	Statement:			
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(Student to complete)	☐ Transcript:		☐ Certificate:	☐ Delivery:
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PSYC108 Integrative	Psychotherapy in Practice 1	L □ Credit		
In this subject, students will be introduced to the fundamental theory and practice that underlies effective psychotherapeutic practice. Students will be encouraged to reflect on the role of psychotherapy in society. They will reflect on their own acculturation and the ways in which this might influence their practice. Students will be introduced to the notion of relationality, and explore why it is foundational to the therapeutic change process.  At a practical level, students will witness demonstrations of certain key therapeutic skills essential to effective psychotherapy, and also engage in exercises designed to develop these basic skills. In addition to a strong emphasis on skills-based learning this subject will focus on the areas such as: therapeutic relationship building, communication, empathy and transference / counter-transference issues.				
	Statement:			
STUDENT EVIDENCE	☐ Testamur:	☐ Assessments:	□ Engagement:	
(Student to complete)	☐ Transcript:	☐ Certificate:	☐ Delivery:	
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PSYC109 Integrative	Systems of Health and Wellbeing	. □ Credit		
This subject focuses on developing competence in understanding and integrating contemporary and classical views on the nature of health and wellbeing and draws upon current debates and practices concerned with the complex mind-body relationship, consciousness and states of consciousness and therapeutic interventions within psychotherapy, medicine, psychiatry, neurosciences and ethnomedicine. In addition, these elements of an integrative approach are supported and expanded by critical, analytical perspectives on culture, social and political structures and dynamics in the definition of health and wellbeing and systems of intervention.				
	Statement:			
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(Student to complete)	☐ Transcript:	☐ Certificate:	☐ Delivery:	
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SOSC171 Ethics and P	olitics in Psychotherapy	☐ RPL ☐ Credit			
standards as set down by t personal values and belief The ethical, political and le contemporary therapy prac	he peak accrediting bodies within the field of systems as a foundation for the development gal context of psychotherapeutic practice will ctice. There is emphasis on the personal and pection of the practitioner's own values. Skill de	e as a psychotherapist within the designated p psychotherapy/arts psychotherapy. The subje of professional ethical practice. be explored through case studies, profession professional competencies and attributes requevelopment includes understanding of how to	ct requires the student to examine their own all situations and duty of care issues in lired to practice ethically and legally as a		
	Statement:				
STUDENT EVIDENCE	☐ Testamur:	☐ Assessments:	□ Engagement:		
(Student to complete)	☐ Transcript:	☐ Certificate:	☐ Delivery:		
	☐ Subject Outline:	☐ Resume or CV (employment experience)			
SOSC172 Foundations	of Professional Competency ☐ RPL ☐	Credit			
the influence of family, cult	ure, life experience, professional history and of levels of communication and conscious and	to develop awareness and understanding of to other contextual influences including current re non-conscious dimensions of relating. A stron	ole and workplace. Students will focus on		
	Statement:				
STUDENT EVIDENCE	☐ Testamur:	☐ Assessments:	□ Engagement:		
(Student to complete)	☐ Transcript:	☐ Certificate:	☐ Delivery:		
	☐ Subject Outline:	☐ Resume or CV (employment experience)			
PSYC201 Arts Psychol	therapy in Practice 2: Groups   RPL	☐ Credit			
During this subject, students will develop an understanding of the theory and practical skills necessary to begin facilitating arts psychotherapy group work. The subject will introduce students to the curative factors of groups as well as group development and facilitation theories. This subject is highly skills-based and students will have the opportunity to plan and practice their group facilitation skills and gain feedback from group members. Students will engage in a range of creative group processes and will use these experiences to reflect upon and articulate their own therapeutic approach to group work.					
	Statement:				
STUDENT EVIDENCE	☐ Testamur:	☐ Assessments:	□ Engagement:		
(Student to complete)	☐ Transcript:	☐ Certificate:	☐ Delivery:		
	□ Subject Outline:	☐ Resume or CV (employment experience)			



PSYC202 Creativity and	Mental Health	☐ RPL ☐ Credit			
theory and application of the spectrum of mental health the	e developmental role of nroughout the lifespan as ence, students will invest	creativity in the first r s we focus on the dis tigate the significanc	elationships humans experie ruption of this developmenta e of boundaries, regulation a	ence. Students will al process, or deve	rld. In this subject students will explore the also explore how this contributes to the elopmental trauma and the experience of ing. We will then consider how these
	Statement:				
STUDENT EVIDENCE	☐ Testamur:		☐ Assessments:		□ Engagement:
(Student to complete)	☐ Transcript:		☐ Certificate:		☐ Delivery:
	☐ Subject Outline:		☐ Resume or CV (employn	nent experience)	
PSYC208 Life Span Deve	elopment	□ RPL □ (	Credit		
is taken to go through the d history, students can gain a	evelopment of life from a deeper awareness of hov important developmenta	an evolutionary and c w life develops with r	cultural perspective. By focus egard to concepts of nature	ing on evolution, and nurture. An o	development. An interdisciplinary approach embryology, attachment, and cultural everview is provided of abnormal ence, adulthood, seniority, dying, and death.
	Statement:		T		
STUDENT EVIDENCE	☐ Testamur:		☐ Assessments:		☐ Engagement:
(Student to complete)	☐ Transcript:		☐ Certificate:		☐ Delivery:
	☐ Subject Outline:		☐ Resume or CV (employment experience)		
PLAC201 Placement A -	Arts Therapy	□ RPL □ Credit	:		
themselves in their practice	experience and develop experience. Placement of	safe and professiona	al practice within a placemer	nt setting. A dedic	his will enable students to immerse ated Placement Team will support students opportunity for students to work with
	Statement:				
STUDENT EVIDENCE	☐ Testamur:		☐ Assessments:		□ Engagement:
(Student to complete)	☐ Transcript:		☐ Certificate:		☐ Delivery:
	☐ Subject Outline:		☐ Resume or CV (employn	nent experience)	



SOSC301 Psychotherapy	: skills, practice and application	□ RPL	☐ Credit	
This subject is designed as a capstone subject for the completion of student's preparation to become a practitioner. This capstone subject is designed to assess and combine psychotherapy skills, practice, and its application in formal clinical settings. This subject builds on all previous skills and knowledge and will enable students to demonstrate clear therapeutic approaches and interventions pertaining to clinical framing, safety, and ethical sensitivity. The subject is designed to follow a seminar format which focuses on systematic revision of a variety of practical dimensions of clinical practice. Ranging from in-session skills, referral writing, and other fundamental clinical abilities. This subject concludes with a substantive practical examination designed to ensure sound clinical practice.				
	Statement:			
STUDENT EVIDENCE	☐ Testamur:		☐ Assessments:	□ Engagement:
(Student to complete)	☐ Transcript:		☐ Certificate:	☐ Delivery:
	☐ Subject Outline:		☐ Resume or CV (employment experience)	
PLAC301 Placement B	- Arts Therapy	RPL □ C	redit	
Supervised therapeutic work with clients as a 'therapist in training' is an essential part of the Bachelor of Arts Therapy. This will enable students to immerse themselves in their practice experience and develop safe and professional practice within a placement setting. A dedicated Placement Team will support students throughout their placement experience. Placement opportunities will be drawn from a variety of settings, including the opportunity for students to work with adults, children, and groups.				
	Statement:			
STUDENT EVIDENCE	☐ Testamur:		☐ Assessments:	□ Engagement:
(Student to complete)	☐ Transcript:		☐ Certificate:	☐ Delivery:
	☐ Subject Outline:		☐ Resume or CV (employment experience)	



BACHELOR OF ARTS THERAPY

# **ELECTIVE SUBJECTS:**

PSYC102 Introduction to	Integrative Psychotherapy		□ Credit	
In this subject, students will explore the intellectual foundations of integrative approaches to Psychotherapy. This subject will develop an intellectual foundation for integrative world views exploring the ontological assumptions of various approaches to psychotherapy. This subject will demonstrate the historical development of integrative psychotherapy and its role in the current psychotherapeutic landscape. This subject will explore the problems and modes of integrative thinking in psychotherapy and develop a foundational view of integrative psychotherapy that will be used throughout the degree.				
	Statement:			
STUDENT EVIDENCE	☐ Testamur:		☐ Assessments:	□ Engagement:
(Student to complete)	☐ Transcript:		☐ Certificate:	☐ Delivery:
	☐ Subject Outline:		☐ Resume or CV (employment experience)	
PSYC103 Models of Ther	apeutic Practice 1	□ RPL □	□ Credit	
Students will develop a working understanding of a number of the principal paradigms that promote growth, healing and psychotherapeutic change. Students will learn to recognise major theoretical perspectives, concepts and explanatory frameworks employed within psychotherapy. There will be a central focus on how to compare therapies with respect to their conceptual and theoretical structure, evidential basis, conditions of application (problem- and client-types) and philosophical assumptions. The models studied are all contextualised within an integrative case formulation framework, and are considered as different metaphors for the organisation of mind.				
	Statement:			
STUDENT EVIDENCE	☐ Testamur:		☐ Assessments:	□ Engagement:
(Student to complete)	☐ Transcript:		☐ Certificate:	☐ Delivery:
	☐ Subject Outline:		☐ Resume or CV (employment experience)	
PSYC104 Case Conceptu			□ Credit	
This subject explores case management and conceptualisation. Students will examine the foundations of the case conceptualisation process to enable them to progressively map and work with the varied elements of a client's experience. Conceptualisation frameworks will be introduced that enable students to integrate a range of appropriate theories and techniques. An integrative approach will be developed in order to reflect contemporary developments in research, theory, and practice in an interdisciplinary framework.				
	Statement:			
STUDENT EVIDENCE	☐ Testamur:		☐ Assessments:	□ Engagement:
(Student to complete)	☐ Transcript:		☐ Certificate:	☐ Delivery:
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PSYC105 Models of Ther	apeutic Practice 2 □ RPL	□ Credit		
change, that augment their user concepts and explanatory from and theoretical structure, evi	understanding gained in the Models of The ameworks employed within psychotherapy.	ber of other principal paradigms that promote of the practice 1 subject. Students will learn to the will be a central focus on how to compand blem- and client-types) and philosophical assu	o recognise major theoretical perspectives, re therapies with respect to their conceptual	
Statement:				
STUDENT EVIDENCE	☐ Testamur:	☐ Assessments:	□ Engagement:	
(Student to complete)	☐ Transcript:	☐ Certificate:	☐ Delivery:	
	□ Subject Outline:	☐ Resume or CV (employment experience)		
PSYC171 Integrative Psy	chotherapy in Practice 2 ☐ RPL	□ Credit		
In this subject student's will deepen their understanding of relationality as a foundational aspect of the therapeutic change process and to skills required to facilitate effective psychotherapy and support the therapeutic change process. This subject has a strong emphasis on the practice of inter-personal psychotherapy, it draws together the content of all previous subjects in practice and application.  Introduction to Integrative Psychotherapy  Integrative Systems of Health and Wellbeing  Models of Therapeutic Practice 1  Case Conceptualisation 1  Models of Therapeutic Practice 2				
Students will utilise experien including conceptualisation	n practice.	y to develop the basic concepts, techniques and	d practical skills required in psychotherapy,	
	Statement:		7	
STUDENT EVIDENCE	☐ Testamur:	☐ Assessments:	□ Engagement:	
(Student to complete)	☐ Transcript:	☐ Certificate:	☐ Delivery:	
	☐ Subject Outline:	☐ Resume or CV (employment experience)		



PSYC172 Case Conceptua	lisation - Art Therapy	□ RPL	☐ Credit	
This subject explores case management and conceptualisation. Students will examine the foundations of the case conceptualisation process to enable them to progressively map and work with the varied elements of a client's experience. Conceptualisation frameworks will be introduced that enable students to integrate a range of appropriate theories and techniques. An integrative approach will be developed in order to reflect contemporary developments in research, theory and practice in an interdisciplinary framework.				
	Statement:			
STUDENT EVIDENCE	☐ Testamur:		☐ Assessments:	□ Engagement:
(Student to complete)	☐ Transcript:		☐ Certificate:	☐ Delivery:
	☐ Subject Outline:		☐ Resume or CV (employment experience)	
PSYC271 Introduction to I	Mental Health: Wellbeing an	d Distress	□ RPL □ Credit	
In this subject, students will gain an overview of the Australian mental health system and examine the role of the active participants therein, including psychiatrists, psychologists, social workers, and others. Students will explore the varied experiences of consumers utilising mental health services in Australia and identify the current strengths and weaknesses of that system. Students will learn about how the conceptions of normal and abnormal behaviour have developed historically. Students will focus on the historical emergence of systems of diagnosis (DSM / ICD10), their justifications, and criticisms. Students will learn to identify important terms and major categories of the current classification systems in psychopathology. They will also critically evaluate the changing role of psychopharmacology within the Australian mental health system. Finally, students will gain an understanding of the roles available to Ikon Graduates working within or alongside the Australian mental health system.				
	Statement:			
STUDENT EVIDENCE	☐ Testamur:		☐ Assessments:	□ Engagement:
(Student to complete)	☐ Transcript:		☐ Certificate:	☐ Delivery:
	☐ Subject Outline:		☐ Resume or CV (employment experience)	



PSYC272 Understanding S	systems in Psychotherapy □ RP	L □ Credit		
This subject will take a systems lens to psychotherapy focusing on the person: environment approach. Students will be introduced to General Systems Theory (GST) as the foundation for understanding the different systems that impact an individual's wellbeing. The exploration of a systems approach will be undertaken within the philosophy of phenomenology. This subject will build on the knowledge of groups already covered in the course and provide a bridge between the introductory subject of Integrated Systems of Health and Wellbeing and the Eco-psychotherapy subject. Students will be introduced to the historical, as well as the contemporary, understanding and application of systems approaches in psychotherapy. The subject will commence with an exploration of broad eco-systems approach and move through a range of systems such as social/cultural/political systems, community/neighbourhood/tribal systems, family systems, couple systems and finally link to the earlier subject on individual psycho-biological systems. The subject will focus on developing theoretical understanding and an application of a systems approach to psychotherapy practice.				
	Statement:			
STUDENT EVIDENCE	☐ Testamur:	☐ Assessments:	□ Engagement:	
(Student to complete)	☐ Transcript:	☐ Certificate:	□ Delivery:	
	☐ Subject Outline:	☐ Resume or CV (employment experience)		
PSYC273 Altered State Te	chniques in Psychotherapy	L □ Credit		
Specifically, it focuses on the vaccessed through a range of spiritual experience accessed	ways in which human resources such as kno states of consciousness, including those cer in cultural medicine. The subject emphasis se of mindfulness formats in psychotherapy	erive from research on the nature of consciousr wledge insight, health enhancement, problem ntral to therapeutic imagery techniques, hypno- es skill development in using Ericksonian-styles , medicine, and psychiatry. These techniques, a	-solving and self-realisation may be sis, meditation, focusing and psycho- s of state-change, Gendlin's focusing and	
	Statement:			
STUDENT EVIDENCE	☐ Testamur:	☐ Assessments:	□ Engagement:	
(Student to complete)	☐ Transcript:	☐ Certificate:	☐ Delivery:	
	☐ Subject Outline: ☐ Resume or CV (employment experience)			



PSYC204 Treatment of Gri	ief and Loss   RPL	_ □ Credit	
around grief, loss and bereave	ement in the psychotherapeutic process. Th	and familiarity with the techniques of case ma is will involve acquisition of skills, knowledge a subject will also focus on the cultural, sociologi	and an understanding of appropriate
	Statement:		
STUDENT EVIDENCE	☐ Testamur:	☐ Assessments:	□ Engagement:
(Student to complete)	☐ Transcript:	☐ Certificate:	□ Delivery:
	☐ Subject Outline:	☐ Resume or CV (employment experience)	
PSYC205 Narrative, Identi	ity and Integrative Process RPI	_ □ Credit	
they appear in psychotherapy human experience may be co from the philosophy of mind,	<ul> <li>This subject draws from an interdisciplinar insidered and worked within a clinical setting</li> </ul>	nich focus on dealing with the notions of self, a y perspective in order to enable students to ung. This subject is divided into two distinct phas tudies, and cognitive science. The second drawn-based psychotherapy.	nderstand how these critical aspects of es. The first is theory-based and draws
	Statement:		
STUDENT EVIDENCE	☐ Testamur:	☐ Assessments:	□ Engagement:
(Student to complete)	☐ Transcript:	☐ Certificate:	☐ Delivery:
	☐ Subject Outline:	□ Resume or CV (employment experience)	
PSYC206 Case Conceptua	lisation 2	RPL □ Credit	
matters drawn from live clinica	al cases. In this class, the teacher or students	clinical skills. This subject is designed as a sem s will workshop a case demonstrating a clear ir opped and practiced in class. This class is design	ntegrative conceptualisation and treatment
	Statement:		
STUDENT EVIDENCE	☐ Testamur:	☐ Assessments:	□ Engagement:
(Student to complete)	☐ Transcript:	☐ Certificate:	☐ Delivery:
	☐ Subject Outline:	☐ Resume or CV (employment experience)	



PSYC207 Psychotherapy a	and the Body in the Treatment of Trauma	☐ RPL ☐ Credit				
This subject will enable stude acquisition of basic safety and some understanding of appro	e introduced to the theory and practice that und nts to develop a sound introduction to the key a I stabilisation skills for trauma treatment and a v opriate interventions for trauma presentations a skills. The subject will also focus on the ethical	areas concerning trauma treatment and vorking knowledge of the phases of trau cross all three phases of trauma treatme	practice. This subject will involve the uma treatment and practice. Students will gain			
	Statement:					
STUDENT EVIDENCE	☐ Testamur:	☐ Assessments:	□ Engagement:			
(Student to complete)	☐ Transcript:	☐ Certificate:	☐ Delivery:			
	☐ Subject Outline: ☐ Resume or CV (employment experience)					
ARTS271 Creativity Art Me	odalities - Introduction to Drama Therapy	□ RPL □ Credit				
before using role, story, proje	troduction to dramatherapy utilising the core p ctive techniques and a range of dramatic proce and conceptualise how the theatre arts may be	esses to further their dramatic developm	nent. Students will have an opportunity to			
	Statement:					
STUDENT EVIDENCE	☐ Testamur:	☐ Assessments:	□ Engagement:			
(Student to complete)	☐ Transcript:	☐ Certificate:	□ Delivery:			
	☐ Subject Outline:	☐ Resume or CV (employment experie	ence)			



ARTS272 Creativity Art Mo	odalities - Introduction to Dance and Move	ement Therapy	$\square$ RPL	□ Credit			
therapeutic use of dance and In common with other arts the premises from psychology and expression, with dance and m for a better understanding of kinaesthetic empathy, present Students will engage primarily	view of the foundational concepts and praction movement to further the physical, emotional rapies modalities, DMT focuses on individual dipsychotherapy to support this. DMT differs ovement its main medium. DMT practice is continuous to eather and wellbeing. It works to estage, attunement, witnessing and intersubjection in experiential learning to explore these conselves as embodied beings through engages.	l, cognitive, social and expressivity withing from other arts moderated on the essemblish and develop wity.  The control of the essemblish and develop wity.  The control of the essemblish and develop wity.	and cultura on the thera odalities in entialness c a therapeu erpinnings	al functioning of a peutic practice. I that it uses the b of dance, aesthet utic relationship t and related emb	a person (www.dtaa.org.au). It draws on the use of a range of theoretical body as the prime instrument of creative ics and the body-mind-feeling framework through additional concepts that include odied therapeutic processes. They will		
	Statement:						
STUDENT EVIDENCE	☐ Testamur:	$\square$ Assessments:			□ Engagement:		
(Student to complete)	☐ Transcript:	☐ Certificate:			☐ Delivery:		
	☐ Subject Outline:	$\square$ Resume or CV (	employme				
ARTS273 Creativity Art Mo	odalities - Introduction to Voice and Sound	d Therapy	RPL □	Credit			
prepare students to understar instruments, such as tuning fo	ew healing technique that employs the vibrand the history, foundations, and some of the rks or singing bowls. However, there is no to be voice and use it to fully express themselve ce - and self.	key concepts of vo	ice and so or healing	und therapy. Sor than the human	ne sound therapists use external voice. Students will engage in experiential		
	Statement:						
STUDENT EVIDENCE	☐ Testamur:	☐ Assessments:			□ Engagement:		
(Student to complete)	☐ Transcript:	☐ Certificate:			□ Delivery:		
	☐ Subject Outline:	☐ Resume or CV (	employme	ent experience)			



PSYC274 Psychotherapy a	nd Literature: The Poetics of Practice	□ RPL □ Credit				
(rather than for reasons of utili rigorous mobilisation of the in If we accept that mind is an 'en literature as an attempt to pro experience: the doubling of m	ty or morality (Kant)); and which cultivates con herent ambiguity of natural language. mbodied, relational and informatic process will vide, in natural language, an adequate repre	d in its broadest possible sense); a represent omplexity (in order to remain faithful to the conviction with self-regulating capacity' (Dowie) then we esentation of mind. Literature is not a logos of the medium of language. Reading literature is a fengaging with other minds.	omplexity of human experience) through a emight rephrase the former definition of sexperience. It is rather an experience of			
	Statement:					
STUDENT EVIDENCE	☐ Testamur:	☐ Assessments:	☐ Engagement:			
(Student to complete)	☐ Transcript:	☐ Certificate:	☐ Delivery:			
	☐ Subject Outline:	☐ Resume or CV (employment experience)				
This subject has as its focus th student to develop an underst	tanding of child and adolescent developmen	•				
population group. This subject provides students therapeutic relationships with There is also an emphasis on t development also includes an	s with the opportunity to understand how art young people. The personal and professional competencies understanding of how to work with relevant	the same and attributes required to work effectively we to legislation, confidentiality, informed consense and caregivers in the therapeutic pro	o effectively build rapport and positive with children and young people. Skill t and duty of care with children and young			
· · ·	Statement:					
STUDENT EVIDENCE	☐ Testamur:	☐ Assessments:	☐ Engagement:			
(Student to complete)	☐ Transcript:	☐ Certificate:	☐ Delivery:			
	☐ Subject Outline:	☐ Resume or CV (employment experience)				



PSYC372 Psychotherapy v	vith Different Client Populations - Addicti	ve Behaviours	RPL □ Credit			
support students to understar This subject enables students Additionally, students will be maintenance of addiction, the can impact on working with cl strategies for working with ad There is also an emphasis on the also includes understanding h	In the knowledge and skills required to apply and what constitutes an addiction, with a focus to develop a holistic understanding of addiction introduced to the predisposing, precipitating Stages of Change process, and the micro (in ients' lived experience of addiction. The sub- dictive behaviours in a therapeutic context. the personal and professional competencies now to work with relevant legislation to ensur- ure quality therapeutic engagement.	s on both substance are ction incorporating bio g and perpetuation fac ndividual and family) a ject requires the stude and attributes require	and behavioural addiction of the plogical, psychological, ctors which may be corollard macro (community ent to develop an under the develop and the work effectively were the community and the comm	emotional and spiritual dimensions.  atributing to the emergence and , societal, legal and systemic) factors which erstanding of, best practice engagement  with addictive behaviours. Skill development		
	Statement:					
STUDENT EVIDENCE	☐ Testamur:	☐ Assessments:		□ Engagement:		
(Student to complete)	☐ Transcript:	☐ Certificate:		☐ Delivery:		
	☐ Subject Outline:	$\square$ Resume or CV (em	ployment experience)			
PSYC373 Psychotherapy v	vith Different Client Populations - People	with Disabilities	□ RPL □ Credi	t		
experiences of people with di of ways. Such acts of telling ar change. This subject addresses the pe They include understanding he engaging with families, paren	equire knowledge and skills for working with sability can be understood from multiple pend retelling can be healing experiences, poling resonal and professional competencies and a now to work with relevant legislation; the contest and caregivers in the therapeutic process. evelop a working understanding of a numberstanding o	rspectives, and how th tical expressions ('the particular than the particular tributes required to we applexities of interdiscip	neir stories are told and personal is political'), a work effectively with ch polinary team work; ethi	re-told in different settings and in a variety and/or instruments for social action and adults with disability.		
	Statement:					
STUDENT EVIDENCE						
	☐ Testamur:	☐ Assessments:		□ Engagement:		
(Student to complete)	☐ Testamur: ☐ Transcript:	☐ Assessments: ☐ Certificate:		□ Engagement: □ Delivery:		



#### BACHELOR OF ARTS THERAPY

DACITED OF ARTS THERA					
SOSC371 Social Ecology - E	Ecopsychotherapy	□ RPL □ Credit			
		erapy - exploring both theory and practice. ay session in the weeks before the intensive,	and one half-day session in the weeks		
	Statement:				
STUDENT EVIDENCE	☐ Testamur:	☐ Assessments:	□ Engagement:		
(Student to complete)	☐ Transcript:	☐ Certificate:	□ Delivery:		
	□ Subject Outline:	$\square$ Resume or CV (employment experience)			
SOCS373 Introduction to R	esearch Methods	□ RPL □ Credit			
empirical evidence and learn to two ways: first, it is internally sc	o reflect on, review and audit their profession affolded by means of assessments that are	onal practice. This subject carefully scaffolds	d research within the subject; and second, it		
	Statement:				
STUDENT EVIDENCE	☐ Testamur:	☐ Assessments:	□ Engagement:		
(Student to complete)	☐ Transcript:	☐ Certificate:	☐ Delivery:		
	☐ Subject Outline:	$\square$ Resume or CV (employment experience)			
Psychotherapy	eory and Practice - Dreams and Symbols	□ RPL □ Credit			
on the capacity of the dreaming understanding, change manag metaphor states of consciousne	g function to access and mobilise resource ement and psychological development. Th ess. Skill development is directed towards o	I and dream producing resources of the hun systems to engage with problem-solving, str e unit explores experiences gained in the dr using various methods to access this domain ds are developed as part of an integrative ps	eaming, liminal, conscious imaging and , including Jungian, Gestalt, shamanic and		
	Statement:				
STUDENT EVIDENCE	☐ Testamur:	☐ Assessments:	☐ Engagement:		
(Student to complete)	☐ Transcript:	☐ Certificate:	☐ Delivery:		

☐ Resume or CV (employment experience)

☐ Subject Outline:



TRAN372 Transpersonal Th	eory and Practice - Eastern Practice and	l Western Psychology ☐ RPL ☐ Credi	t						
practice and lectures. The subj	ect explores themes of organization of minect will begin by addressing early develop	subject runs in an intensive format following and through understanding the research and pomental factors in the formation of mind and	practices that help facilitate individual						
	Statement:								
STUDENT EVIDENCE	☐ Testamur:	☐ Assessments:	□ Engagement:						
(Student to complete)	☐ Transcript:	☐ Certificate:	□ Delivery:						
	☐ Subject Outline: ☐ Resume or CV (employment experience)								
TRAN374 Transpersonal Th	eory and Practice - Philosophy and Psy	chotherapy □ RPL □ Credit							
approaches and problems that	are deeply connected to psychotherapy p	ophy and psychotherapy. The subject takes a practice. The subject introduces the core idea I in the practice of thinking and its relationshi	as in the philosophy as therapy movement.						
	Statement:								
STUDENT EVIDENCE	☐ Testamur:	☐ Assessments:	□ Engagement:						
(Student to complete)	☐ Transcript:	☐ Certificate:	☐ Delivery:						
	☐ Subject Outline:	☐ Resume or CV (employment experience	)						



				RAPY

Provide a full list of the evidence attached to this application.										

#### **DECLARATION**

In signing below, I acknowledge, confirm, and accept:

- o I have read the Recognition or Prior Learning and Credit Policy and understand the application process.
- o It is my responsibility to provide sufficient detail and relevant evidence to support my application.
- I consent and give Ikon permission to contact relevant parties to verify the authenticity of my application and supporting documentation and to seek further information about the originating source to make an informed assessment.
- o I understand that I may be asked to provide further evidence and/or be contacted to discuss the application.
- o I understand the recognition I am seeking is not guaranteed and that the final determination is bound by legislation, regulatory standards, and institutional policy.
- o I agree to the RPL fee of up to \$250 to have this application assessed regardless of the outcome. Noting this fee will cover the cost of the subject should RPL be awarded. If RPL is denied and I enroll into the subject, the associated fee may be put towards the full subject cost.

Student name:	Student signature:	Date:

#### **RECOGNITION OF PRIOR LEARNING AND CREDIT ASSESSMENT SUMMARY**



# BACHELOR OF ARTS THERAPY

Student Name:	Learner ID

Assessor Name: Date of Assessment:

☐ (Assessor to tick) I have reviewed all evidence provided and conducted (if required) external third-party verification.

Subject Req	uested	Assessment Outcome	Decline Reason (if applicable)
□ PSYC101	Foundations in Arts Psychotherapy	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
□ SOSC101	Foundations of Scholarly Practice	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
☐ ARTS101	Qualities of Art Making and Media	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
☐ ARTS102	Dimensional Modalities in Arts Therapy	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
☐ ARTS103	Expressive Modalities in Arts Therapy	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
□ PSYC108	Integrative Psychotherapy in Practice 1	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
□ PSYC109	Integrative Systems of Health and Wellbeing	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
□ SOSC171	Ethics and Politics in Psychotherapy	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
□ SOSC172	Foundations of Professional Competency	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
☐ ARTS104	Arts Therapy - Inter-modal Approach	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
□ PSYC201	Arts Psychotherapy in Practice 2: Groups	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
□ PSYC202	Creativity and Mental Health	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
□ PLAC201	Placement A - Art Therapy (240 hours)	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
☐ PSYC208	Life Span Development	☐ Approved ☐ Declined	$\square$ RPL from other provider $\square$ Insufficient Mapping $\square$ Other
□ PLAC301	Placement B - Art Therapy (240 hours)	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
□ SOSC301	Psychotherapy: skills, practice and application	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
☐ PSYC102	Introduction to Integrative Psychotherapy	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
☐ PSYC103	Models of Therapeutic Practice 1	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
☐ PSYC104	Case Conceptualisation 1	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
☐ PSYC105	Models of Therapeutic Practice 2	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
☐ PSYC171	Integrative Psychotherapy in Practice 2	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
☐ PSYC172	Case Conceptualisation - Art Therapy	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
☐ PSYC271	Introduction to Mental Health: Wellbeing and Distress	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
□ PSYC272	Understanding Systems in Psychotherapy	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
☐ PSYC273	Altered State Techniques in Psychotherapy	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
☐ PSYC204	Treatment of Grief & Loss in Psychotherapy	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
☐ PSYC205	Narrative, Identity & Integrative Processes	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
☐ PSYC206	Case Conceptualisation 2	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
☐ PSYC207	Psychotherapy & the Body in the Treatment of Trauma	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
☐ ARTS271	Creative Art Modalities - Introduction to Drama Therapy	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other
☐ ARTS272	Creative Art Modalities - Introduction to Dance and Movement	☐ Approved ☐ Declined	$\square$ RPL from other provider $\square$ Insufficient Mapping $\square$ Other
	Therapy		

#### **RECOGNITION OF PRIOR LEARNING AND CREDIT ASSESSMENT SUMMARY**



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☐ ARTS273	Creative Art Modalities - Introduction to Voice and Sound Therapy	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other		
□ PSYC274	Psychotherapy and Literature: The Poetics of Practice	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other		
□ PSYC371	Psychotherapy with Different Client Populations - Young People	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other		
□ PSYC372	Psychotherapy with Different Client Populations - Addictive Behaviours	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other		
□ PSYC373	Psychotherapy with Different Client Populations - People with Disabilities	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other		
□ SOSC371	Social Ecology - Ecopsychotherapy	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other		
□ SOSC373	Introduction to Research Methods	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other		
☐ TRAN371	Transpersonal Theory and Practice - Dreams and Symbols in Psychotherapy	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other		
☐ TRAN372	Transpersonal Theory and Practice - Eastern Practice and Western Psychology	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other		
☐ TRAN374	Transpersonal Theory and Practice - Philosophy and Psychotherapy	☐ Approved ☐ Declined	☐ RPL from other provider ☐ Insufficient Mapping ☐ Other		

RPL Decline reasons explanation.

- RPL from other provider: Declined as the evidence provided for consideration is based on another Higher Education Provider granting RPL/Credit. Under Ikon Policy we are unable to RPL/Credit based on another provider awarding RPL/Credit to their qualification
- Insufficient mapping: Declined due to insufficient mapping to a minimum of 80% coverage of the equivalent Ikon subject content.

Provide any further comments if required below.

#### STUDENT ACCEPTANCE OF RPL AND CREDIT ASSESSMENT OUTCOME

Student name:	Student signature:		Date:					
DMINISTRATION								
RPL and credit outcomes recorded on student record Advanced Standing	l as ☐ Yes	Name:		Date:				
Fee payment processes completed	□Yes	Name:		Date:				