

# MASTER OF COUNSELLING AND PSYCHOTHERAPY

**CRICOS Code**  
116562B

**Duration**  
2 years

**Intakes**  
February  
May  
September

**Study Modes**  
Blended Study

**Credit Points**  
96



**More than a Masters:  
Your Path to a  
Rewarding Profession**

# MASTER OF COUNSELLING AND PSYCHOTHERAPY

## More than a Masters: Your Path to a Rewarding Profession

Our Master's Degree in Counselling and Psychotherapy offers a unique blend of advanced knowledge and practical skills to equip you with the ability to become a highly effective counsellor and psychotherapist.

This course combines cognitive science, neuroscience and psychotherapy to transform your understanding of the human experience. Through a client-centered lens, you will develop a deep understanding of various therapeutic practices, including psychodynamic, humanistic, somatic, and trauma-informed approaches.

This will equip you to work ethically with a wide variety of clients in diverse settings, fostering cultural and interpersonal sensitivity.

Gain hands-on experience and hone your therapeutic skills with a 120-hour placement. You will manage your own client case load under expert supervision.

This qualification is FEE-HELP approved for [eligible applicants](#).



## PROFESSIONAL ACCREDITATION

The Master of Counselling and Psychotherapy is accredited by the Australian Counselling Association (ACA).

## CAREER OPPORTUNITIES

This course will prepare graduates to work as a registered counsellor and psychotherapist in the public, private and community sectors. Upon graduating, you may find career opportunities in:

- Private practice
- Community and mental health organisations
- Trauma and grief support services
- Family and relationship support agencies
- Addiction support agencies
- Correctional services
- Welfare agencies

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## RECOGNITION OF PRIOR LEARNING

You may apply for course credit towards the Master of Counselling and Psychotherapy in recognition of prior learning which may result in course credit and exemption from that subject. If you would like to apply for Credit Transfer or Recognition of Prior Learning please contact us at [admissions@ikon.edu.au](mailto:admissions@ikon.edu.au) (domestic).

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## EXIT PATHWAYS

Students enrolled into the Master of Counselling and Psychotherapy may exit with a Graduate Certificate in Counselling or Graduate Diploma of Counselling and Psychotherapy

## DELIVERY

The Master of Counselling and Psychotherapy is available for blended study - online learning on-campus intensives.

Online delivery involves live online sessions closely simulating the dynamics of on-campus learning. Face-to-face delivery includes 3 on-campus intensives spread over the following subjects:

*COU502 Foundations of Therapeutic Practice*  
*COU508 Process Experiential Psychotherapy*  
*COU512 Conversational Model of Psychotherapy*

These intensives will provide students with hands-on skills practice, supervised clinical simulations, and valuable interactions in a face-to-face learning environment.

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## COURSE FEES

For information on fees and payment refer to [ikon.edu.au/fees/](http://ikon.edu.au/fees/).

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## HOW TO APPLY

Visit [ikon.edu.au/apply/](http://ikon.edu.au/apply/) and complete the form. A Course Advisor will contact you to discuss your next step.

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## DOMESTIC ENQUIRIES

**P** 1300 613 801 (Ext 1)

**E** [courseadvisor@ikon.edu.au](mailto:courseadvisor@ikon.edu.au)

**Education  
With Purpose**

## ADMISSION PATHWAYS

Ikon has a range of admission pathways available to students of all circumstances and academic backgrounds. Below is a summary of our admission pathways.

### 1. Qualifications & Prior Learning

- Undergraduate degree in any discipline
- Undergraduate degree in Counselling or Psychotherapy
- Specialist Psychotherapy Training
- Professional Experience

### 2. English Language Proficiency

Applicants whose first language is not English must meet the minimum English requirements for admission.

- Undergraduate degree or postgraduate award where English was the language of instruction
- An English language proficiency test achieving an IELTS Academic Overall Score of 6.5 (or equivalent) with Speaking no less than 6.5 and Listening, Writing and Reading no less than 6.0

### 3. Additional Admissions Requirements

Applicants seeking admission based on prior qualifications or professional experience must provide the relevant evidence and a completed admissions questionnaire.

For more information please visit the Admissions Criteria section of our course page [ikon.edu.au/master-of-counselling-and-psychotherapy/](http://ikon.edu.au/master-of-counselling-and-psychotherapy/)

## COURSE STRUCTURE

The Master of Counselling and Psychotherapy is delivered online with some intensive subjects held face to face. Students are required to successfully complete 16 subjects (96 credit points) delivered over 1.5 or 2 years (depending on admission pathway). The course structure includes a 120-hour placement experiences.

Each academic year consists of three study periods called trimesters. Each trimester consists of eleven weeks of teaching plus one assessment week. A typical full-time study load is 8 subjects per year.

YEAR 1	YEAR 2
COU501 Models of Therapeutic Practice	COU509 Neuroscience of Psychotherapy
COU503 Ethics, Diversity & Practice	COU511 From Assessment to Treatment Design
COU505 Understanding Mental Health	COU513 Bridging Mind, Body and Healing in Trauma
COU507 Unravelling the Concept of Mind	COU515 Bringing Research to Life
COU502 Foundations of Therapeutic Practice	COU510 Navigating Healing in Complex Trauma
COU504 Human Development	COU512 Conversational Model of Psychotherapy
COU506 Emotion, Affect and Self in Psychotherapy	COU514 Working with Complex Presentations
COU508 Process Experiential Psychotherapy	COU516 Applied Professional Practice

The information contained in this guide is correct at the time of publication. Ikon reserves the right to alter, amend or delete details at any time without notice. Prospective students should refer to the Ikon website for current information before applying. This guide is free of charge. Published December 2024.