

DIPLOMA OF COUNSELLING AND PSYCHOTHERAPY

Duration

1 Year

AQF Level

5

CRICOS Code

097946C

Attendance Mode

Full-Time, Part-Time

Study Mode

On-Campus,
Distance Learning

Campus Locations

Adelaide, Brisbane, Melbourne,
Sydney, Perth (online)



The Diploma of Counselling and Psychotherapy is your pathway to an exciting career as an early counsellor or psychotherapist. In this higher education diploma, you will study the nature of the human mind from a variety of disciplinary perspectives both within psychotherapy and counselling traditions, and outside these traditions through engagements with relevant scientific, philosophical and spiritual disciplines. Throughout the two years you will be provided with the opportunity to extend and consolidate your own development as a foundation for helping to foster and guide the development of others in a therapeutic setting. You will be exposed to relevant theories, techniques, and practices of counselling and psychotherapy. You will be challenged to think and feel in a way that is adequate to the complexity of being human, and you will learn to be with others and yourself in a way that integrates individual and communal pasts, presents and futures. As part of the course, you will also actively engage in one professional experience placement that will enrich and consolidate the learning you have undertaken in the classroom.

This qualification is recognised in the Australian Qualifications Framework.



Career Opportunities

The Diploma of Counselling and Psychotherapy prepares graduates for an exciting career as counsellors or psychotherapist with the skills to attend to the needs of clients in a variety of professional settings, ranging from mental health organisations and agencies through to private practice.

The course is recognised by the Australian Counselling Association (ACA) as an approved Counselling and Psychotherapy qualification for Diploma Counsellors or Psychotherapist under the National Quality Framework.



Course Fees

For information on fees and payment options refer to ikon.edu.au/fees/.

SCAN BELOW

to find out more about our
Diploma of Counselling and
Psychotherapy



COURSE STRUCTURE

There are a total of 9 subjects.

| YEAR 1 |
|---|
| Trimester 1 |
| PSYC102 Introduction to Integrative Psychotherapy |
| PSYC103 Models of Therapeutic Practice 1 |
| PSYC801 Integrative Systems of Health and Wellbeing |
| Trimester 2 |
| PSYC105 Models of Therapeutic Practice 2 |
| PSYC104 Case Conceptualisation 1 |
| PSYC802 Integrative Psychotherapy in Practice 1 |
| Trimester 3 |
| PSYC106 Integrative Psychotherapy in Practice 2 |
| SOSC801 Ethics and Politics in Psychotherapy |
| SOSC804 Foundations of Scholarly Practice |

Admission Criteria

Ikon has a range of admission pathways available to students of all circumstances and academic backgrounds:

- Australian Year 12 Secondary School Certificate with a minimum ATAR 60
- Completion of a VET qualification at Diploma level or higher
- Completion (or partial completion) of a higher education qualification
- Applicants may also gain entry in recognition of their work and life experience. You must be at least 21 years of age at course commencement and provide a written admission statement of 300-500 words explaining how the knowledge, skills and personal qualities you've gained through your experiences will help you succeed in your studies at Ikon. For more information about writing your admissions statement click [here](#).

For more course information, please visit ikon.edu.au/diploma-of-counselling-and-psychotherapy/

HOW TO APPLY

The first step in the admission process is to complete an Online Application for Enrolment Form. The application form can be accessed via ikon.edu.au/application-process/. The Admissions Team will contact you to discuss the next steps towards an interview.

ENQUIRIES

Course Advisory Team

| | |
|---|--|
| W | ikon.edu.au |
| P | 1300 000 933 |
| E | info@ikon.edu.au |

The information contained in this guide is correct at the time of publication. Ikon reserves the right to alter, amend or delete details at any time without notice. Prospective students should refer to the Ikon website for current information before applying. This guide is free of charge. Published September 2021.