

# DIPLOMA OF COUNSELLING AND PSYCHOTHERAPY

**CRICOS Code**  
097946C

**Campus Locations**  
Adelaide, Brisbane, Melbourne, Sydney

**Duration**  
1 Year, Full-Time  
(or part-time equivalent)

**Intakes**  
February, May, September

**Study Mode**  
On-Campus,  
Online Learning<sup>1</sup>

**Australian Qualifications  
Framework (AQF)**  
Level 5

## Challenge yourself to change lives.

The Diploma of Counselling and Psychotherapy is your pathway to an exciting career as an entry level counsellor. In this higher education diploma, you will study major theoretical perspectives both within psychotherapy and counselling traditions, and outside these traditions you will engage with relevant scientific, philosophical and spiritual disciplines.

Through the course you will develop the core skills fundamental to counselling and psychotherapy. You will learn how to engage in ethical, culturally sensitive and collaborative practices to plan early intervention programs with respect to client goals and the diversity of individuals. As part of the course, you will also engage in one clinical placement experience that will enrich and consolidate your classroom learning.

*This qualification is recognised in the Australian Qualifications Framework.*

## CAREER OPPORTUNITIES

The Diploma of Counselling and Psychotherapy prepares graduates for an exciting career as an entry level counsellor, case manager, intake counsellor, welfare counsellor, program coordinator, disability support worker or counsellor support worker.

## DELIVERY

Course delivery is a combination of lectures, skills development activities, group work, self-directed study and workplace learning.

You should allow for approximately 3 hours per subject for lectures and tutorials. For each subject, you should then spend approximately 10 hours per week for self-directed study to complete prescribed readings, practice skills, research, study and additional time to complete assessments.

## COURSE FEES

For information on fees and payment options refer to [ikon.edu.au/fees/](https://ikon.edu.au/fees/)

## ADMISSION PATHWAYS

### Academic Admission Criteria

- Applicants with Recent Senior Secondary Education (within the past two years) must have completed an Australian Senior Secondary Certificate (Year 12) or equivalent. For guaranteed entry applicants must have achieved an ATAR of 65.
- Applicants with Vocational Education and Training (VET) study must have completed a vocational qualification at Diploma level or higher.
- Applicants with Work/Life Experience who left senior secondary education more than two years prior to their application, and have not undertaken VET or HE study, may gain entry based on work experience or non-formal courses undertaken in preparation for tertiary study that are relevant to the subject area. Applicants must submit a written admission statement outlining their reasons for undertaking their intended course of study.

### Non-Academic Admission Criteria

All applicants must complete the Learner Questionnaire within the Application Form and demonstrate they have the inherent qualities and motivations to be successful in the course. Applicants may also be required to participate in an informal interview.

For more course information, [ikon.edu.au/diploma-of-counselling-and-psychotherapy/](https://ikon.edu.au/diploma-of-counselling-and-psychotherapy/)

## INTERNATIONAL STUDENTS

International applicants, and any applicants who did not complete their previous study in English, must provide evidence of their English Language Proficiency. For more information on international student admission eligibility and application process please visit [ikon.edu.au/international-students/](https://ikon.edu.au/international-students/).

The information contained in this guide is correct at the time of publication. Ikon reserves the right to alter, amend or delete details at any time without notice. Prospective students should refer to the Ikon website for current information before applying. This guide is free of charge. Published December 2022.

## COURSE STRUCTURE

Students are required to successfully complete 8 subjects (48 credit points) to be eligible for the award of Diploma of Counselling and Psychotherapy.

The course includes one placement experience. Each academic year consists of three study periods called trimesters. Each trimester consists of eleven weeks of teaching plus one exam week.

A full-time study load is eight subjects per year. A part-time study load is typically four subjects per year.

## SUBJECTS

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Integrative Psychotherapy in Theory

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Integrative Psychotherapy in Practice

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Models of Contemporary Practice

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Ethics in Counselling and Psychotherapy Practice

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Mental Health and Crisis Management

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Embracing Culture, Diversity and Inclusion

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Case Conceptualisation

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Supervised Practice A

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## HOW TO APPLY

Visit [ikon.edu.au/apply/](https://ikon.edu.au/apply/) and complete the form. A Course Advisor will contact you to discuss your next step in the application process.

## ENQUIRIES

**P** 1300 000 933

**D**omestic Students

**E** info@ikon.edu.au

**I**nternational Students

**E** international@eduholdings.com.au



Scan to find out more about our Diploma of Counselling and Psychotherapy