

# DIPLOMA OF ARTS THERAPY

**CRICOS Code**  
097944E

**Duration**  
1 Year, Full-Time  
(or part-time equivalent)

**Study Mode**  
On-Campus,  
Online Learning<sup>1</sup>

**Campus Locations**  
Adelaide, Brisbane, Melbourne, Sydney

**Intakes**  
February, May, September

**Australian Qualifications  
Framework (AQF)**  
Level 5

## Where creativity meets compassion.

Arts therapy is effective in engaging people who may struggle to participate in more traditional 'talking therapies' such as children, adolescents, people suffering from trauma, those with disabilities, language difficulties or those from other cultural backgrounds. The Diploma of Arts Therapy is a higher education diploma where you will study the significance of arts marking process and symbolic expression for healing outcomes.

Expressing oneself through creative activity has been found to assist in the promotion of physical, emotional, cognitive and social integration and functioning. The consequent insights and personal understandings can be instrumental in facilitating change. The course will introduce to you a range major arts therapy theoretical perspectives and concepts, including expressive arts, multimodal approaches, and humanistic, cognitive and psychoanalytic approaches. Through this course you will develop relational skills and therapeutic presence to help clients explore their inner experience through the creative arts and the art making process.

*This qualification is recognised in the Australian Qualifications Framework.*

## CAREER OPPORTUNITIES

The Diploma of Arts Therapy prepares graduates with the skills to attend to the needs of clients in a variety of arts-based settings, ranging from mental health organisations, alcohol and drug centres, and other health centres agencies.

## DELIVERY

Course delivery is a combination of lectures, arts based workshops, group work and self-directed study.

You should allow for approximately 3 hours per subject for lectures and tutorials. For each subject, you should then spend approximately 10 hours per week for self-directed study to complete prescribed readings, practice skills, research and assessments.

## COURSE FEES

For information on fees and payment options refer to [ikon.edu.au/fees/](https://ikon.edu.au/fees/)

## ADMISSION PATHWAYS

### Academic Admission Criteria

- Applicants with Recent Senior Secondary Education (within the past two years) must have completed an Australian Senior Secondary Certificate (Year 12) or equivalent. For guaranteed entry applicants must have achieved an ATAR of 65.
- Applicants with Vocational Education and Training (VET) study must have completed a vocational qualification at Diploma level or higher.
- Applicants with Work/Life Experience who left senior secondary education more than two years prior to their application, and have not undertaken VET or HE study, may gain entry based on work experience or non-formal courses undertaken in preparation for tertiary study that are relevant to the subject area. Applicants must submit a written admission statement outlining their reasons for undertaking their intended course of study.

### Non-Academic Admission Criteria

All applicants must complete the Learner Questionnaire within the Application Form and demonstrate they have the inherent qualities and motivations to be successful in the course. Applicants may also be required to participate in an informal interview.

For more course information, please visit [ikon.edu.au/diploma-of-arts-therapy/](http://ikon.edu.au/diploma-of-arts-therapy/)

## HOW TO APPLY

Visit [ikon.edu.au/apply/](http://ikon.edu.au/apply/) and complete the form. A Course Advisor will content you to discuss your next step in the application process.

## ENQUIRIES

**P** 1300 000 933

**Domestic Students**

**E** [info@ikon.edu.au](mailto:info@ikon.edu.au)

**International Students**

**E** [international@eduholdings.com.au](mailto:international@eduholdings.com.au)

The information contained in this guide is correct at the time of publication. Ikon reserves the right to alter, amend or delete details at any time without notice. Prospective students should refer to the Ikon website for current information before applying. This guide is free of charge. Published October 2022.

## COURSE STRUCTURE

Students are required to successfully complete 8 subjects (48 credit points) to be eligible for the award of Diploma of Arts Therapy.

Each academic year consists of three study periods called trimesters. Each trimester consists of eleven weeks of teaching plus one exam week. A full-time study load is eight subjects per year. A part-time study load is typically four subjects per year.

## SUBJECTS

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Integrative Psychotherapy in Theory

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Integrative Arts Psychotherapy in Practice

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Models of Arts Therapy Practice

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Qualities of Arts Making and Arts Media

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Mental Health and Arts Therapy in Clinical Settings

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Embracing Culture, Diversity and Inclusion

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Ethics and Arts Therapy Practice

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Arts Therapy in Group Practice

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Diploma of Arts Therapy