

DIPLOMA OF ARTS THERAPY

Duration
1 Year

AQF Level
5

CRICOS Code
097944E

Attendance Mode
Full-Time, Part-Time

Study Mode
On-Campus,
Distance Learning

Campus Locations
Adelaide, Brisbane,
Melbourne, Perth, Sydney

The Diploma of Arts Therapy is your pathway to an exciting career as an arts psychotherapist. In this higher education diploma, you will study the significance of symbolic expression for healing outcomes. Arts psychotherapy is particularly effective in engaging people who may struggle to participate in more traditional 'talking therapies' such as children, adolescents, people suffering from trauma, those with disabilities, language difficulties or those from other cultural backgrounds. Throughout the year you will be provided with the opportunity to extend and consolidate your own development as a foundation for helping to foster and guide the development of others in a therapeutic setting. The course will introduce to you a wide range of theories, techniques, and practices relevant to arts psychotherapy. Expressing oneself through creative activity has been found to assist in the promotion of physical, emotional, cognitive and social integration and functioning. The consequent insights and personal understandings can be instrumental in facilitating change. As part of the course, you will also actively engage in one professional experience placement with a range of client populations.

This qualification is recognised in the Australian Qualifications Framework.



Career Opportunities

The Diploma of Arts Therapy prepares graduates for an exciting career as arts therapists with the skills to attend to the needs of clients in a variety of professional settings, ranging from mental health organisations and agencies through to private practice.

Graduates may be eligible for tier membership of the key arts therapy professional body in Australia, ANZACATA.



Course Fees

For information on fees and payment options refer to ikon.edu.au/fees/.

SCAN BELOW

to find out more about our
Diploma of Arts Therapy



COURSE STRUCTURE

There are a total of 9 subjects.

YEAR 1
Trimester 1
PSYC101 Foundations of Art Psychotherapy
ARTS101 Qualities of Art Making and Media
PSYC801 Integrative Systems of Health and Wellbeing
Trimester 2
ARTS102 Dimensional Modalities in Arts Therapy
ARTS103 Expressive Modalities in Arts Therapy
PSYC802 Integrative Psychotherapy in Practice 1
Trimester 3
ARTS104 Art Therapy Inter-modal Approach
SOSC801 Ethics and Politics in Psychotherapy
SOSC804 Foundations of Scholarly Practice

Admission Criteria

Ikon has a range of admission pathways available to students of all circumstances and academic backgrounds:

- Australian Year 12 Secondary School Certificate with a minimum ATAR 60
- Completion of a VET qualification at Diploma level or higher
- Completion (or partial completion) of a higher education qualification
- Applicants may also gain entry in recognition of their work and life experience. You must be at least 21 years of age at course commencement and provide a written admission statement of 300-500 words explaining how the knowledge, skills and personal qualities you've gained through your experiences will help you succeed in your studies at Ikon.

For more course information, please visit ikon.edu.au/diploma-of-arts-therapy/

HOW TO APPLY

The first step in the admission process is to complete an Online Application for Enrolment Form. The application form can be accessed via ikon.edu.au/application-process/. The Admissions Team will contact you to discuss the next steps towards an interview.

ENQUIRIES

Course Advisory Team

W	ikon.edu.au
P	1300 000 933
E	info@ikon.edu.au

The information contained in this guide is correct at the time of publication. Ikon reserves the right to alter, amend or delete details at any time without notice. Prospective students should refer to the Ikon website for current information before applying. This guide is free of charge. Published September 2021.