

BACHELOR OF COUNSELLING AND PSYCHOTHERAPY

CRICOS Code
094685K

Duration
3 years, Full-Time
(or part-time equivalent)

Study Modes
On-Campus,
Online Learning¹

Campus Locations
Melbourne, Sydney, Online

Intakes
February, May, September

**Australian Qualifications
Framework (AQF)**
Level 7

Credit Points
144

For full course
information
please scan here



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¹International students may study up to one-third of the subjects in a course online. Domestic students may study the full course online.



Bachelor of Counselling and Psychotherapy

The Bachelor of Counselling and Psychotherapy is designed to provide graduates with a broad and coherent body of knowledge relating to the field of counselling and psychotherapy, with an emphasis on embedding a conceptual framework and model of psychotherapeutic practice for the 'whole person'. The degree provides you with the theoretical knowledge and therapeutic skills you need to integrate counselling into your existing career or to establish a new career as a counsellor and psychotherapist. This unique course is holistic in that it is inclusive of methods that care for the soul, traditional healing methods and science practitioner methods. Through this you will learn to assist your clients in moving forward towards healing.

Through your experiential learning and personal development, you will learn the skills to engage with clients. You will learn a range of therapeutic models and techniques to engage in ethically and culturally sensitive practices informed by theory, including a specialised trauma informed 'mind, body and spirit' approach. At Ikon, we emphasise self-development and understanding as well as the practice skills to be both an excellent practitioner and a wonderful human. We recognise that with just theoretical knowledge alone, you are likely to have a limited capacity to make a great counsellor.

This qualification is recognised in the Australian Qualifications Framework.

PROFESSIONAL ACCREDITATION

This course is approved by the Australian Counselling Association (ACA). Graduates will be eligible for Level 2 membership.

CAREER OPPORTUNITIES

The Bachelor of Counselling and Psychotherapy prepares graduates for an exciting career as counsellors or psychotherapists with the skills to attend to the needs of clients in a variety of professional settings.

DELIVERY

Course delivery is a combination of lectures, skills development activities, group work, self-directed study and workplace learning. You should allow for 3 hours per subject for lectures and tutorials. For each subject, you should then spend approximately 10 hours per week for self-directed study to complete prescribed readings, practice skills, research, and complete assessments.



ADMISSION PATHWAYS

Academic Admission Criteria

- Applicants with recent Senior Secondary Education (within the past two years) must have completed an Australian Senior Secondary Certificate (Year 12) or equivalent. For guaranteed entry applicants must have achieved an ATAR of 65.
- Applicants with Vocational Education and Training (VET) study must have completed a vocational qualification at Diploma level or higher.
- Applicants with Work/Life Experience who left senior secondary education more than two years prior to their application, and have not undertaken VET or HE study, may gain entry based on work experience or non-formal courses undertaken in preparation for tertiary study that are relevant to the subject area. Applicants must submit a written admission statement outlining their reasons for undertaking their intended course of study.

Academic Admission Criteria

All applicants must complete the Learner Questionnaire within the Application Form and demonstrate they have the inherent qualities and motivations to be successful in the course. Applicants may also be required to participate in an informal interview.

COURSE FEES

For information on fees and payment refer to ikon.edu.au/fees/.

RECOGNITION OF PRIOR LEARNING

You may apply for course credit towards the Bachelor of Counselling and Psychotherapy in recognition of prior learning which may result in course credit and exemption from that subject. If you would like to apply for Credit Transfer or Recognition of Prior Learning please contact us at admissions@ikon.edu.au (domestic), or international@eduholdings.com.au (international).

INTERNATIONAL STUDENTS

International applicants, and any applicants who did not complete their previous study in English, must provide evidence of their English Language Proficiency. For more information on international student admission eligibility and application process please visit ikon.edu.au/international-students/.

HOW TO APPLY

Visit ikon.edu.au/apply/ and complete the form. A Course Advisor will contact you to discuss your next step.

DOMESTIC ENQUIRIES

P 1300 613 801 (Ext 1)

E courseadvisor@ikon.edu.au

INTERNATIONAL ENQUIRIES

P 1300 613 801 (Ext 2)

E international@edu.com.au

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COURSE STRUCTURE

Students are required to successfully complete 23 subjects (144 credit points) to be eligible for the award of Bachelor Counselling and Psychotherapy. The course structure includes two placement experiences. Each academic year consists of three study periods called trimesters. Each trimester consists of eleven weeks of teaching plus one exam week.

A full-time study load is eight subjects per year.

A part-time study load is typically four subjects per year.

For more information about the course, please visit ikon.edu.au/bachelor-of-counselling-and-psychotherapy/

YEAR 1

Integrative Psychotherapy in Theory	Mental Health in Crisis Management
Integrative Psychotherapy in Practice	Embracing Culture, Diversity and Inclusion
Models of Contemporary Practice	Case Conceptualisation
Ethics in Counselling and Psychotherapy Practice	Supervised Practice A

YEAR 2

Life Span Development	Group Work Process
Trauma Informed Practice	Elective 1
Understanding Systems in Psychotherapy	Treatment of Grief and Loss
Integrative Treatment Practice	Narrative, Identity and Integrative Processes

YEAR 3

Psychodynamic Interpersonal Therapy	The Body in the Treatment of Trauma
Indigenous Mental Health and Healing Practices	Self and the Philosophy of Practice
Elective 2	Supervised Practice B
Experiential Processes in Psychotherapy	

ELECTIVE SUBJECTS*

Embodied Psychotherapy (Dance)	Helping Young People
Sandplay and Symbol Work with Children and Adults	Dreams and Symbols in Psychotherapy
Ecopsychotherapy	Eastern Practice and Western Psychology

**Our elective subjects are divided into Level 200 and Level 300. Students must ensure they have completed the pre-requisite subjects prior to enrolling into an elective course. For more information please contact us.*

The information contained in this guide is correct at the time of publication. Ikon reserves the right to alter, amend or delete details at any time without notice. Prospective students should refer to the Ikon website for current information before applying. This guide is free of charge. Published October 2023.