

BACHELOR OF ARTS THERAPY

CRICOS Code
094684M

Duration
3 years, Full-Time
(or part-time equivalent)

Study Modes
On-Campus,
Online Learning¹

Campus Locations
Melbourne, Sydney, Online

Intakes
February, May, September

**Australian Qualifications
Framework (AQF)**
Level 7

Credit Points
144

For full course
information
please scan here



**Education
with Purpose**

¹International students may study up to one-third of the subjects in a course online. Domestic students may study the full course online.

Bachelor of Arts Therapy

Arts therapy is effective in working with diverse groups of clients of all ages, abilities, and with a range of difficulties. It is particularly effective in engaging people who may struggle to participate in more traditional 'talking therapies' such as children, adolescents, people suffering from trauma, or those with disabilities, language difficulties or from diverse cultural backgrounds. The experience of expressing oneself through creative activity has been found to assist in the promotion of physical, emotional, cognitive and social integration and functioning. The consequent insights and personal understandings can be instrumental in facilitating change.

The Bachelor of Arts Therapy is designed to provide graduates with a broad body of knowledge relating to the field of arts therapy, with emphasis on the underlying principles and concepts of art making processes. A feature of the course is the focus on experiential small-group learning that supports students to develop and practice their skills and knowledge in a safe supportive environment.

This qualification is recognised in the Australian Qualifications Framework.

PROFESSIONAL ACCREDITATION

Graduates may be eligible for Tier membership of the arts therapy professional body in Australia, ANZACATA.

CAREER OPPORTUNITIES

The Bachelor of Arts Therapy prepares graduates for an exciting career as an arts therapist with the skills to attend to the needs of clients in a variety of professional settings, ranging from mental health organisations and agencies to private practice.

DELIVERY

Course delivery is a combination of lectures, arts workshops, self- directed study and workplace learning. You should allow for 3 hours per subject for lectures and tutorials. For each subject, you should then spend approximately 10 hours per week for self- directed study to complete prescribed readings, practice skills, research and assessments.



ADMISSION PATHWAYS

Academic Admission Criteria

- Applicants with recent Senior Secondary Education (within the past two years) must have completed an Australian Senior Secondary Certificate (Year 12) or equivalent. For guaranteed entry applicants must have achieved an ATAR of 65.
- Applicants with Vocational Education and Training (VET) study must have completed a vocational qualification at Diploma level or higher.
- Applicants with Work/Life Experience who left senior secondary education more than two years prior to their application, and have not undertaken VET or HE study, may gain entry based on work experience or non-formal courses undertaken in preparation for tertiary study that are relevant to the subject area. Applicants must submit a written admission statement outlining their reasons for undertaking their intended course of study.

Non-Academic Admission Criteria

All applicants must complete the Learner Questionnaire within the Application Form and demonstrate they have the inherent qualities and motivations to be successful in the course. Applicants may also be required to participate in an informal interview.

COURSE FEES

For information on fees and payment refer to ikon.edu.au/fees/.

RECOGNITION OF PRIOR LEARNING

You may apply for course credit towards the Bachelor of Arts Therapy in recognition of prior learning which may result in course credit and exemption from that subject.

If you would like to apply for Credit Transfer or Recognition of Prior Learning please contact us at admissions@ikon.edu.au (domestic), or international@eduholdings.com.au (international).

INTERNATIONAL STUDENTS

International applicants, and any applicants who did not complete their previous study in English, must provide evidence of their English Language Proficiency. For more information on international student admission eligibility and application process please visit ikon.edu.au/international-students/.

HOW TO APPLY

Visit ikon.edu.au/apply/ and complete the form. A Course Advisor will contact you to discuss your next step.

DOMESTIC ENQUIRIES

P 1300 613 801 (Ext 1)

E courseadvisor@ikon.edu.au

INTERNATIONAL ENQUIRIES

P 1300 613 801 (Ext 2)

E international@edu.com.au

**Let healing be
your masterpiece**

COURSE STRUCTURE

Students are required to successfully complete 23 subjects (144 credit points) to be eligible for the award of Bachelor Arts Therapy. The course structure includes two placement experiences. Each academic year consists of three study periods called trimesters. Each trimester consists of eleven weeks of teaching plus one exam week.

A full-time study load is eight subjects per year.

A part-time study load is typically four subjects per year.

For more information about the course, please visit ikon.edu.au/bachelor-of-arts-therapy/

YEAR 1

Integrative Psychotherapy in Theory	Mental Health and Arts Therapy in Clinical Settings
Integrative Arts Psychotherapy in Practice	Embracing Culture, Diversity and Inclusion
Models of Arts Therapy Practice	Ethics and Arts Therapy Practice
Qualities of Art Making and Arts Media	Arts Therapy in Group Practice

YEAR 2

Life Span Development	Creativity And Healing
Expressive Modalities in Arts Therapy	Elective 1
Intermodal Philosophy and Theory	Drama Therapy
Embodied Psychotherapy (Dance)	Assessment and Treatment Planning

YEAR 3

Responding to Trauma with the Arts	Integrating the Arts and Practice
Indigenous Mental Health and Healing Practices	Supervised Arts Therapy Practice A
Elective 2	Supervised Arts Therapy Practice B
Arts Therapy with Children	

ELECTIVE SUBJECTS*

Sandplay and Symbol Work with Children and Adults	Dreams and Symbols in Psychotherapy
Ecopsychotherapy	Eastern Practice and Western Psychology
Helping Young People	Arts Therapy for Grief and Loss

**Our elective subjects are divided into Level 200 and Level 300. Students must ensure they have completed the pre-requisite subjects prior to enrolling into an elective course. For more information please contact us.*

The information contained in this guide is correct at the time of publication. Ikon reserves the right to alter, amend or delete details at any time without notice. Prospective students should refer to the Ikon website for current information before applying. This guide is free of charge. Published October 2023.