

Bachelor of Arts Therapy  
Diploma of Arts Therapy

## Art Materials – Distance Learning Students

Students choosing to study arts therapy via distance learning in the virtual campus environment will need to supply their own art materials and ensure they have access to a suitable place to make art and participate in movement exercises.

### VISUAL ARTS MATERIALS

As a distance learning student, you will need to supply your own art materials. You can choose to use your own materials or buy them independently for the course. The materials can be purchased from any supplier and will remain your personal property. You should allocate yourself a budget each year to cover art materials costs.

A list of art materials needed for the first year of study is provided on page 2.

### ARTS SPACE

You will be making art in class so you will need sufficient room at your desk for your computer to participate online and for art creation. You will also be sharing your artwork with the class so need adequate lighting, preferably attached to your computer, to ensure your artwork can be clearly viewed over Zoom.

### SPACE TO MOVE & GRIP SOCKS

You will require access to a suitable space to participate in practical exercises involving movement techniques for *Dance, Movement and Embodied Arts*. You will need access to a small circular area of at least 4sqm to move in sight of your computer to ensure the teacher can monitor your movement. The space should be big enough to allow for free and safe movement, with sufficient height clearance from overhead fans or beams, and clutter free (including power cords) to avoid trip hazards.

Grip socks are mandatory for all students enrolled in *Dance, Movement and Embodied Arts*. This is a requirement of both on campus and distance learning students. You can purchase grip socks from pilates, yoga, barre and sports retailers.

The table below is an example of the arts materials needed for your first year of study.

It provides a breakdown of the item costs sourced from [Riot Art & Craft](#). Equivalent materials are acceptable and can be purchased from other retailers such as [Officeworks](#), [Eckersleys Art & Craft](#), [Art Supplies Australia](#) or other independent retailers.

### PAPER

Item	Cost
A3 Visual Diary 110gsm White 60 Sheets	\$23
A2 Tab Cartridge Pad 110gsm 25 Sheets	\$30
A4 Assorted Coloured Paper 150 Sheets	\$19

### DRAWING AND SKETCHING

Item	Cost
Oil Pastel Assorted Colours 36 Piece Set	\$15
Square Soft Pastels 24 Piece Set	\$35
Colour Pencils Assorted Colours 24 Pack	\$11
Woodless Graphite Pencils	\$7
Double Ended Sketch Markers Assorted Colours 12 Pack	\$20

### PAINTING

Item	Cost
Compact Watercolour Paint Set 24 Assorted Colours	\$19
Acrylic Paint 59ml Bottles 28 Piece Set	\$50
Assorted Brush Pack 25 Pieces Set	\$23

### COLLAGE AND CONSTRUCTION WORK

Item	Cost
Arts & Crafts Glue 100ml	\$9
Glue Stick	\$4
Craft Scissors	\$28
Masking Tape	\$5
Old magazines, photos, and any other 2-D visual material	-
Old cardboard boxes	-
Non-traditional art materials: wool and twine, wire, found objects, natural objects (leaves, twigs, flowers, gumnuts etc.), fabric scraps and recycled objects.	-

### 3D SCULPTURE AND MODELLING

Item	Cost
Non-Hardening Modelling Clay (Ivory)	\$10
Play-dough (make your own and colour it with food colouring if you wish)	-